Penile Melanotic Macules: A Case Report

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Abstract: Penile melanotic macules, a benign acquired melanosis generally observed in adulthood, may be present on the shaft of the penis or on the glans penis and can mimic mucosal melanoma. Different dermoscopic patterns have been identified in cases of mucosal melanosis but there are few reported cases about findings in male melanosis. We report a case of penile melanosis on the foreskin of the penis in a 41-year-old male with personal history of lichen sclerosus on the glans. Dermoscopic examination revealed parallel pattern.

Melanotic macules are observed on the mouth, genitalia and the nails. Penile melanosis present as multifocal variegated pigmented macular lesions are often misdiagnosed as melanoma. Histologically no melanocytic proliferation nor melanocytic atypia are shown. Melanotic macules may occur as a part of syndromes with multisystem anomalies as Peutz-Jeghers syndrome, Carney complex, LEOPARD syndrome, LAMB syndrome; NAME syndrome or Ruvalcaba-Myhre syndrome. Dermoscopy is a noninvasive and useful diagnostic tool for study of genital melanosis. The most frequent pattern are the parallel pattern and ring-like pattern followed by globular, reticular or mixed patterns.

Keywords: melanosis penis; penile macules.

1. INTRODUCTION

Genital melanosis are uncommon. [1] Penile melanotic macules, a benign acquired melanosis generally observed in adulthood, may be present on the shaft of the penis or on the glans penis and can mimic mucosal melanoma.[2-5] Different dermoscopic patterns have been identified in cases of mucosal melanosis but there are few reported cases about findings in male melanosis.

2. CASE REPORT

A 41-year-old male with personal history of lichen sclerosus on the glans presented to us with hyperpigmentation on the foreskin of the penis. (Fig 1) On dermoscopic examination revealed parallel pattern. (Fig 2) Patient was circumcised. Histopathological study demonstrated hyperpigmentation of basal keratinocytes with neither hyperplasia nor atypical melanocytes consistent with diagnosis of melanotic macules of the penis.

Fig 1: Multifocal irregular macules with variegated pigmentation
3. DISCUSSION

Melanotic macules are observed on the mouth, genitalia and the nails. Penile melanosis is a condition clinically characterized by multifocal or variegated pigmented macular lesions of irregular colour are often misdiagnosed as melanoma. Because pigmented lesions on mucous membranes and anogenital skin are atypical morphologically, they should be biopsied. Melanotic macules may occur as a part of syndromes with multisystem anomalies as Peutz-Jeghers syndrome, Carney complex, LEOPARD syndrome, LAMB syndrome; NAME syndrome or Ruvalcaba-Myhres syndrome. The diagnosis must be confirmed by histopathological study. Histopathology of penile melanosis or lentiginosis is characterized by an increase in melanin in the basal layer, a discrete melanocytic hyperplasia without nest formation, as well as an epithelial hyperplasia and melanophages in the dermis. [1-5]

There are only a few case reports about genital melanosis in literature and little is described about dermoscopic features of genital melanosis. Dermoscopy it is a noninvasive and useful diagnostic tool for study of genital melanosis. The most frequent pattern are the parallel pattern and ring-like pattern followed by globular, reticular or mixed patterns. [6-9]

We have found only a previously reported case of penile melanosis associated with lichen sclerosus. [10]

4. CONCLUSION

Penile melanosis is quite common and may mimic malignant melanoma. Dermoscopic analysis can improve accuracy in diagnosing pigmented penile skin lesions. Genital melanosis demonstrate ring like, parallel, structurless or reticular-like dermoscopic patterns differing from malignant melanoma.

REFERENCES